



164 South 900 East • Salt Lake City, Utah • 84102
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You've completed the first step!

Thank you for completing our online questionnaire. Our Client Care Coordinator will be carefully reviewing it and reaching out to you within 3 business days. In the meantime, please know that if you are in need of urgent mental health support, the following resources are available. Our careful intake process takes time, and we are not equipped to manage new referrals who are in an acute mental health crisis.

- **We look forward to getting to know you more! Feel free to browse www.ucebt.com for more info.**

Community Crisis Resources

- 1. WarmLine – (801) 587-1055**
 - This phone number is for Salt Lake County residents who are not in crisis, but seeking support, engagement, or encouragement.
 - Certified Peer Specialists offer support and empower callers to resolve problems by fostering a sense of hope, dignity, and self-respect.
 - Callers may speak with peer specialists daily 9 am to 10 pm.
 - 2. UNI crisis phone line – (801) 587-3000**
 - Services are available 24/7 both locally and statewide as the Utah affiliate for the National Suicide Prevention Lifeline (1-800-273-8255).
 - Licensed clinicians provide prompt and compassionate crisis intervention, suicide prevention, information and referrals as well as follow-up services, emotional support, and assistance to individuals experiencing emotional distress or psychiatric crisis.
 - 3. UNI receiving center – 801-587-7988 (direct; or call crisis line)**
 - A short-term (up to 23 hours) secure center providing therapeutic crisis management, an assessment based on strengths and psychiatric needs, medication intervention, and wellness recovery/discharge planning
 - 4. Mobile crisis outreach team (MCOT) – call crisis line: (801) 587-3000**
 - UNI MCOT provides a free, prompt, face-to-face response to any resident of Salt Lake County who is experiencing a behavioral health crisis
 - Youth and adult services teams are available 24/7 and offer consultation and support to individuals, families, schools, treatment providers and first responders
 - 5. Emergency department – (801) 581-2291 (University of Utah); (801) 350-4111 (SL Regional Medical Center); (801) 408-1181 (LDS Hospital)**
 - Refer a client to the ED if they have ingested alcohol, drugs, or medications, are unresponsive to skills, are unable to use the services above, or are in the midst of a crisis.
 - Calling the police or 911 can facilitate ambulance transport of a crisis if needed
 - 6. Urgent crisis – call 911**
 - When in doubt, call 911.
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