

TRAUMA, STRESS, & RESILIENCE PROGRAM

OUR ACUTE STRESS RESPONSE SERVICES:

OBJECTIVE

UCEBT's Trauma, Stress & Resilience (TSR) Program recognizes the need to provide culturally sensitive, evidenced-based psychological support for individuals and families in crisis following events such as sudden death, workplace violence, natural disaster, or other traumatic events impacting the Salt Lake Valley Community. Our response model anticipates the immediate, intermediate, and long-term results of a crisis, and meets those needs with appropriate level and timing of care.

SERVICE OFFERINGS

- **Rapid Psychological screening services** by on-site therapists with expertise in crisis interventions.
- **Organization-wide briefings** on topics such as normative reactions following traumatic events, post-incident red flags, and healthy coping in the aftermath.
- **In-depth assessment and evidence-based treatments** for individuals that exhibit severe and/or persisting clinically significant symptoms.
- Option for **Continuity of Care** in moving from acute services to ongoing outpatient treatment when indicated.
- **Coordination and Referral Services.** As a local agency, UCEBT regularly partners with area hospitals, day treatment programs, and other MH agencies to address the individual's needs and cultural considerations with the appropriate level and type of care.

CONTACT

Ashley Greenwell, PhD

Director of the Trauma Stress & Resilience Program

Utah State Certified Crisis Counselor

(801)419-0139

ashley.greenwell@ucebt.com